

Name:

Rate your knowledge & confidence for each subject:

0= I have no knowledge or confidence in this area

10= I have all the knowledge and am confident to use/do this in my day to day practice.

If you feel your confidence & your knowledge maybe 2 different scores, please feel free to use a symbol or colour to identify each one separately.

Confidence =

Knowledge =

I have skills & strategies that work effectively with Māori	0	5	10
I know a range of opening, closing & kai Karakia	0	5	10
I am confident saying my mihi mihi & Pepeha	0	5	10
I am know the difference between mihi mihi & Pepeha	0	5	10
I am confident in leading karakia in public forums	0	5	10
I know & utilise Pōwhiri Poutama in day to day practice	0	5	10
I know & utilise Te wheke in day to day practice	0	5	10
I know & utilise Te whare tapa wha in day to day practice	0	5	10
I know & utilise Pūraku model in day to day practice	0	5	10
I know & utilise Tihei-Wā Mauri Ora in day to day practice	0	5	10
I Understand the importance of utilising Karakia	0	5	10
I Understand the importance of utilising Waiata	0	5	10
I Understand the importance of utilising Hui	0	5	10
I Understand the importance of utilising Mihi Whakatau	0	5	10
I Understand the importance of utilising Poroaki	0	5	10
I Understand the importance of utilising Whakatauki	0	5	10
I am good at identifying strengths in Whānau	0	5	10
I can identify small wins/ changes/ achievements	0	5	10
I feel comfortable sitting with the uncomfortable	0	5	10
I know what I need as a worker to create success	0	5	10
I know how to balance my 'role' scope alongside holistic care	0	5	10
I feel comfortable in a Kaupapa Māori & marae settings	0	5	10
I know how to be an ally/ Haumi	0	5	10
I know how the History of Aotearoa, New Zealand	0	5	10
I know & understand the Articles of Te Tiriti	0	5	10
I know & understand the effects of colonisation and the impacts it has on our whanau today	0	5	10