What informs your thinking?

Pluralist: There is no one truth. Draws on various worldviews understanding the theory of each. The supervisor attends to the supervisees worldview. Openness to the other.

Mick Cooper

John McLeod

Postmodernist: Social constructivism. Identities are formed through the stories of our supervisees lives. Their lives are understood and lived through their relationships. Look for exceptions to problems; the alternative story.

Foucault, Crocket

Modernist: Scientific and research based understanding. Structured approach to supervision tending to be problem focused attending to dysfunction.

Aaron Beck, Freud, Jung

Humanistic: People naturally seek to understand the fundamental truths about human nature. Recognition of the value and agency of human beings. Belief in self actualization. Person centred supervision.

Yalom, Carl Rogers

Maori world views

Maori values and beliefs

Maori models of heath

Wellbeing connect to Whanau.